










# Արի Գիրակոս Մինասյան Ազգային Վարժարան Ari Guiragos Minassian Armenian School



5315 W. McFadden Ave., Santa Ana, CA 92704 Tel: (714) 839 -7831 / Fax: (714) 839 -1036  
E-Mail: parevagn@pacbell.net · Website: www.agminassianschool.org



## October 2017

<p><b>MONDAY 2<sup>ND</sup></b> Luleh Kebob Rice Pilaf Salad Fruit  *Milk/Water</p>	<p><b>TUESDAY 3<sup>RD</sup></b> Chicken Nuggets French Fries Salad Fruit   *Milk/Water</p>	<p><b>WEDNESDAY 4<sup>TH</sup></b> Lahmajoun Salad Fruit  *Milk/Water</p>	<p><b>THURSDAY 5<sup>TH</sup></b> Cheese and Sausage Boreg, Noodle Soup Veggies  *Milk/Water</p>	<p><b>FRIDAY 6<sup>TH</sup></b> Dolma/Sarma Yogurt Fruit   *Milk/Water</p>
<p><b>MONDAY 9<sup>TH</sup></b> Penne W/Meat Sauce Bread Salad Fruit *Milk/Water</p>	<p><b>TUESDAY 10<sup>TH</sup></b> Eeesh Tomato, Cucumber Cheese Bread Fruit *Milk/Water </p>	<p><b>WEDNESDAY 11<sup>TH</sup></b> Hamburger/ Cheeseburger French Fries Fruit  *Milk/Water</p>	<p><b>THURSDAY 12<sup>TH</sup></b> Chicken Kebob Red Bulgur Pilaf Salad Bread Fruit *Milk/Water </p>	<p><b>FRIDAY 13<sup>TH</sup></b> Costco Pizza Cheese/Pepperoni Salad Fruit  *Milk/Water</p>
<p><b>MONDAY 16<sup>TH</sup></b> Luleh Kebob Rice Pilaf Salad Fruit *Milk/Water </p>	<p><b>TUESDAY 17<sup>TH</sup></b> Lahmajoun Salad Fruit  *Milk/Water</p>	<p><b>WEDNESDAY 18<sup>TH</sup></b> Grilled Cheese Sandwich Vegetable Soup Fruit *Milk/Water </p>	<p><b>THURSDAY 19<sup>TH</sup></b> Meatball Soup Rice Pilaf Bread Fruit *Milk/Water</p>	<p><b>FRIDAY 20<sup>TH</sup></b> Labni Sandwich Tomato, Cucumber, Olive Fruit *Milk/Water</p>
<p><b>MONDAY 23<sup>RD</sup></b>  <b>No School</b></p>	<p><b>TUESDAY 24<sup>TH</sup></b> Mujedere Jajukh Bread Fruit *Milk/Water</p>	<p><b>WEDNESDAY 25<sup>TH</sup></b> Penne W/ Meat Sauce Bread Salad Fruit *Milk/Water </p>	<p><b>THURSDAY 26<sup>TH</sup></b> Chicken Bulgur Pilaf Salad, Bread Fruit *Milk/Water</p>	<p><b>FRIDAY 27<sup>TH</sup></b> Costco Pizza Cheese/Pepperoni Salad Fruit *Milk/Water </p>
<p><b>MONDAY 30<sup>TH</sup></b> Manti Yogurt Sauce Fruit  *Milk/Water</p>	<p><b>TUESDAY 31<sup>ST</sup></b> Chicken Nuggets French Fries Salad Fruit *Milk/Water</p>			

Meal pattern is based on USDA Child Nutrition recommendations.

Meals are free of nut products.

\*All students are served Organic milk only. No juice